

# SPA MENU



SPA MARQUIS

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*Fuente de Vitalidad*





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“Thermae sanctuarium, corpus, anima et mente”

*Wellness sanctuary: body, soul & mind*

Awarded the certification Leading Spas of the world, we create memorable experiences under wellness concept through senses combining corpus, anima et mente.

Dare to reconnect with your inner and discover the benefits of nature, feel the comforting harmony of environment and enjoy the spectacular view of the restless waters of sea of Cortez.



# “ANIMA”

Pamper your Soul through the Corpus

Get the best benefits through techniques designed to harmonize, heal, energize, revitalize and awaken your emotions.

## **ABHYANGA • 80 min \***

Hindu Massage using Ayurveda technics, it means “the science of life”

Pitta, Vata or Kapha?- Discover your Dosha.

## **MARQUIS FOR YOU • 50 min/80 min \***

Make use of universal techniques to relax, energize or stretch the body.

## **SWEDISH**

Close your eyes, relax and exhale as your therapist performs proven-effective techniques to help you d-stress, unwind and achieve a deep state of relaxation.

## **DEEP TISSUE**

Designed to release tension and knots, to achieve relief for chronic muscle tension.

## **SPORT**

Reach down !!

Ideal for people who exercise . Excellent for reducing pain, opening the body to the flexibility and support to prevent injury.

## **AROMATHERAPY**

Shooting and relaxing pure aromatic essential oils precisely blended.

\* MARQUIS SPECIALTIES





### **NECK, BACK & SHOULDER + TIRED LEGS**

Embrace relaxation as your therapist focuses on the areas that commonly retain the most stress and tension

### **THE SOURCE OF LIFE • 50 min \***

Are you pregnant?

Harmonize with your baby and relieves stress on legs, back and drains excess water.

Let yourself be pampered with this specialized techniques for you!

### **PERFECT BALANCE • 80 min**

In this fabulous full body massage, we use heated in specific points of the body, lingering just long enough to melt the tension from each muscle.

### **HEALING • 50 min / 80 min**

Detox your body with this wonderful technique to pressure points on the hands, feet and head; known as "reflexology" .

excellent benefits against stress, restoring the vitality of the body.

\* MARQUIS SPECIALTIES



## “ CORPUS

Regenerate your skin with our wonderful body treatments based on natural products and relax your mind.

### **EXFOLIATION | 50 min**

This wonderful exfoliation will revive and reveal radiant skin. Eliminate what your skin does not need through a deep peel. Recommended prior to any massage and for a spectacular tan.

### **O2 BAMBOO | 80 min \***

get the benefits of bamboo in a unique experience. Stimulate circulation, muscle tone, revitalizes, firms and reduces stress.

### **SKIN SUNRISE | 50 min**

relieves the excesses of the sun through the healing properties of water lily. Deep hydration, reduces redness restoring the sense of wellbeing

### **DETOX SEAWEED | 80 min**

Get the benefits of this natural gift, which detoxifies and mineralize your body inviting the stress to leave your body leaving you a sense of wellbeing.

### **TROPICAL ESCAPE | 80 min \***

Rejuvenate your body with the perfect mixed up: anti age!  
Enriched with calcium, vitamin A and Granada extract.

\* MARQUIS SPECIALTIES





# “MENTE”

Treat your face with facial exclusive designed to enrich your skin and feed the Anima.

## **THE CURE • 50 min**

Deep cleansing that helps purify the skin of your face by extractions, nano stimulating mask and enzymes to close pores.

## **SKIN SUNRISE • 50 min\***

Vitamin C to remove the damage created by sun exposure .  
Nourish your skin and restore firmness, elasticity and stimulates collagen production.

## **SILKEN SKIN • 50 min**

Repair and decongest your skin with the healing power of fito extracts.

Recommended for sensitive skin and Rosaceae

## **THE O2 RELAX • 50 min**

Oxygenate your skin, recommended for all skin types, especially for smokers or those living in a polluted environment.

Eliminate toxins and release oxygen molecules that provide energy wearing a bright face.

## **D-STRESS • 80 min\***

A facial snack accompanied by an exquisite massage, enjoy an aromatherapy while revitalizes your skin , relieves fatigue and stress .

## **DIAMOND ENERGY • 80 min\***

Anti aging treatment, recommended before social events, reduces dramatically expression lines.

Enjoy the benefits of caviar extract.

## **PERFECT EYES • 25 min**

Alone or With!!. Complement any facial with an exclusive eye treatment. Powerful firming and rejuvenating treatment, restores the elastin and collagen with visible results in the first application.

\* MARQUIS SPECIALTIES









## “PACKAGES”

### Respiro Marquis Package

**Exfoliation** • 25 min  
**Perfect balance** • 80 min

### CAM Package

CORPUS, ANIMA ET MENTE

**D-Stress** • 80 min  
**Marquis for you** • 25 min  
**Perfect eyes** • 25 min

### Vitality Package

**Healing Massage** • 25 min  
**Basic Manicure** • 25 min  
**Basic Pedicure** • 25 min

### Express Package

**Exfoliation** • 25 min  
**Massage** • 25 min  
**Mini Facial** • 25 min

### Royal Package

(Couples)

**Citrus Body Treatment**  
**Citrus facial**  
90 min per person



# "NICTE HA I"

## Beauty Salon

|                                  |        |
|----------------------------------|--------|
| <b>Basic Manicure</b>            | 25 min |
| <b>Basic Pedicure</b>            | 25 min |
| <b>Combo Mani &amp; Pedi</b>     | 50 min |
| <b>SPA Manicure</b>              | 50 min |
| <b>SPA Pedicure</b>              | 50 min |
| <b>Combo SPA Mani &amp; Pedi</b> | 50 min |
| <b>Polish Change</b>             | 25 min |

|                           |           |
|---------------------------|-----------|
| <b>Hair Cut Lady</b>      | 50 min up |
| <b>Hair Cut Gentleman</b> | 50 min    |
| <b>Hair Styling</b>       | 50 min up |
| <b>Make up</b>            | 50 min up |
| <b>Scalp Massage</b>      | 50 min    |

## Brides

|                                      |         |
|--------------------------------------|---------|
| <b>Hair Styling</b>                  | 80 min  |
| <b>Make up</b>                       | 50 min  |
| <b>Combo Bride</b><br>includes trial | 120 min |

## Waxing

|                |              |
|----------------|--------------|
| <b>Lips</b>    | 25 min start |
| <b>Bikini</b>  | 25 min start |
| <b>Eyebrow</b> | 25 min start |
| <b>Chest</b>   | 25 min start |
| <b>Chin</b>    | 25 min start |
| <b>Back</b>    | 25 min start |
| <b>Legs</b>    | 25 min start |
| <b>Armpit</b>  | 25 min start |
| <b>Arms</b>    | 25 min start |







My Skin, My Secret...

### **Diamond Experience Rose Ritual | 50/80 min**

Luxurious treatment with Exquisite Damascus Rose and Diamond Dust  
Renew \* Regenerate \* Softens

Wrap yourself in the exquisite fragrance of the rose of Damascus in this revitalizing protocol that intensely nourishes your skin. A micro - granulated exfoliating emulsion significantly smoothest skin texture revealing a remarkably smooth and glowing skin.

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#### **Schedule**

Services SPA 9:00 to 19:30 hrs.

Gym 6:00 to 21:00 hrs.

Hydrotherapy Circuit 9:00 to 19:30 hrs.

#### **Recommendations**

Reservations required 24 hours in advance

You are requested to arrive 30 minutes before your appointment

Wear comfortable clothing

Avoid wearing jewelry

#### **Cancellation Policies**

100% charge in case of no show for your appointment

50% charge if you cancel an hour before your appointment

No charge if you cancel 4 hours or more before your appointment

\*Prices in usd

\*Prices includes tax & Service charge fee







**[www.marquisloscabos.com](http://www.marquisloscabos.com)**

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